

MAR/APR  
2007

THE ESSENCE OF LUXURY  
**WELLNESS**  
TRAVELER

## SOUTHERN CARIBBEAN SPA ESCAPES

The islands of the southern Caribbean are blessed with the softest white sands and clearest aqua waters. But only in the past few years have the resorts that sit on these perfect shores designed to invest in luxury spa facilities. Suddenly body polishing offers viable competition to beachcombing at these six top spa getaways.

BY DREW LIMSKY



### FOUR SEASONS SPA

**Location:** Four Seasons Resort, Nevis

**What Makes It Great:** Six of the spa's 12 treatment rooms are freestanding gingerbread-style cottages with views of Nevis Peak. After treatments, guests can enjoy a volcanic stone Jacuzzi pool and a Japanese-style sofa plunge pool; the latter is set on a picturesque rise that affords outstanding mountain views.

**Signature Treatment:** The three-step Shea Butter Lustre Skin Buff involves exfoliation, a Vichy shower and the application of warm shea butter-derived massage oil.

**Best Hands:** Nikita Liburd

**Spa Fans:** Kelly Ripa, Maria Sharapova

**General Manager:** Martin Sinclair,

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### RAFFLES AMRITA SPA

**Location:** Raffles Resort Canouan,  
St. Vincent and the Grenadines

**What Makes It Great:** The privacy quotient is high in each of 11 thatched-roof treatment bungalows. All are set on a lush hillside overlooking the sparkling Caribbean and equipped with sundecks, outdoor daybeds and Jacuzzis. Services are also available in two Tahitian-style overwater bungalows accessible only by boat.

**Signature Treatment:** Two therapists perform synchronized massage and facial cleansing during the Amrita Four Hands Massage

**Best Hands:** Waree Ploypetmanee,  
I Gusti Ayu Dwi Sawitri

**Spa Fans:** Kiera Knightley and other  
European actresses

**Spa Director:** Lea Cordon,

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